At the time I took this class I had two other upper division science classes and was involved with activities on campus. So even though it was a busy semester for me, I knew how to use the time I did have effectively. My biggest recommendation would be to read the chapters that are assigned before coming to class, even if it's very quickly. In class Dr. J will usually focus on certain areas of the chapter and coming in prepared is important. I would take some notes during class. I know that doesn't work for some people, but it does help when you study for the test. I would then re-read the chapter and highlight the areas that Dr. J focused on in class. Because it is such a huge subject I found it helpful to concentrate on the main concepts addressed in class and keep in mind that memorization is not what Dr. J stresses. Another recommendation would be to go in and ask questions. I would usually read the chapters and write down questions as I went through and then meet with Dr. J every couple weeks or so. It was extremely helpful being able to talk about what I was having a hard time understanding on a one-to-one basis. I would also recommend getting together with other students to study. With this material it was beneficial to discuss it as a group to reinforce what you learned. When it comes to studying for the tests, remember to focus on the big concepts and not get bogged down with every little detail. Looking over the worksheets done in class and the literature learning modules is also very helpful. I try and keep up with it day by day and not put off all the reading until right before the test.