

EXPERIMENTAL GROUP: 1000 ml distilled H₂O

<u>Elapsed Time (min)</u>	<u>Urine Volume (mL)</u>	<u>Urine Production Rate (mL/min)</u>	<u>Urine Osmolarity (mOsm/L)</u>	<u>Urine pH</u>
0	30.0	--	553.00	5.92
30	315.00	10.5	173.00	6.52
60	360.00	12.0	147.00	6.88
90	240.00	8.0	155.00	6.97
120	120.00	4.0	461.00	6.79

EXPERIMENTAL GROUP: 1000 ml 0.9% NaCl

<u>Elapsed Time (min)</u>	<u>Urine Volume (mL)</u>	<u>Urine Production Rate (mL/min)</u>	<u>Urine Osmolarity (mOsm/L)</u>	<u>Urine pH</u>
0	250.00	--	820.00	5.86
30	50.00	1.66	810.00	7.15
60	40.00	1.33	830.00	6.78
90	50.00	1.66	810.00	6.68
120	40	1.33	820.00	6.65

EXPERIMENTAL GROUP: 2% NaCl (5 grams) in 250 ml distilled H₂O

<u>Elapsed Time (min)</u>	<u>Urine Volume (mL)</u>	<u>Urine Production Rate (mL/min)</u>	<u>Urine Osmolarity (mOsm/L)</u>	<u>Urine pH</u>
0	260.00	--	320.00	7.25
30	90.00	3.00	570.00	7.12
60	35.00	1.16	720.00	6.93
90	35.00	1.16	780.00	6.68
120	20.00	0.66	790.00	6.40

EXPERIMENTAL GROUP: Gatorade, 1000 ml

<u>Elapsed Time (min)</u>	<u>Urine Volume (mL)</u>	<u>Urine Production Rate (mL/min)</u>	<u>Urine Osmolarity (mOsm/L)</u>	<u>Urine pH</u>
0	140	--	640.00	6.79
30	230	7.7	195.00	6.10
60	400	13.3	115.00	6.10
90	290	9.2	150.00	6.30
120	90	3	290	6.30

EXPERIMENTAL GROUP: 0.5% NaHCO₃ in 500 ml distilled H₂O

<u>Elapsed Time (min)</u>	<u>Urine Volume (mL)</u>	<u>Urine Production Rate (mL/min)</u>	<u>Urine Osmolarity (mOsm/L)</u>	<u>Urine pH</u>
0	340.00	0.67	821	5.45
30	44.00	1.47	760.00	6.62
60	126.00	4.20	205.00	7.02
90	80.00	2.67	345.00	7.09
120	38.00	1.27	435.00	6.99

EXPERIMENTAL GROUP: Slice, caffeine-free, 500 ml (H₂CO₃)

<u>Elapsed Time (min)</u>	<u>Urine Volume (mL)</u>	<u>Urine Production Rate (mL/min)</u>	<u>Urine Osmolarity (mOsm/L)</u>	<u>Urine pH</u>
0	40.00	0.57	934.00	5.08
30	35.00	1.00	940.00	4.91
60	22.00	0.73	954.00	4.94
90	30.00	0.75	931.00	6.18
120	32.00	1.07	875.00	6.68