Biology 236 Exercise Lab Student name:_____

**DATA REPORT**

SUBJECT NAME:_____

TIDAL VOLUME:_____

VITAL CAPACITY:_____

| Time post exercise (min) | BP (mm Hg) syst/diast | Pulse pressure (mm Hg) | MAP (mm Hg) | Heart rate (beats/min) | Tidal volume (L/breath) | Resp. rate (breaths/min) | Minute volume (L/min) |
|---|---|---|---|---|---|---|---|
| Resting | | | | | | | |
| **Light exercise** | -------- | -------- | -------- | -------- | ------- | -------- | -------- |
| 1 | | | | | | | |
| 4 | | | | | | | |
| 8 | | | | | | | |
| 12 | | | | | | | |
| ***** | ***** | ***** | ***** | ***** | ***** | ***** | ***** |
| Resting | | | | | | | |
| **Heavy exercise** | -------- | -------- | -------- | -------- | -------- | -------- | -------- |
| 1 | | | | | | | |

4

8

12